

Choose the right programme for you

Spotlight	Step Into Leadership	The Core Programme	From Good to Great
<p>Focused clarity on a single leadership challenge or when you are at a crossroads.</p>	<p>A focused coaching sprint for leaders stepping into greater responsibility.</p>	<p>A trusted coaching partnership to strengthen clarity, confidence, and leadership impact.</p>	<p>Transformational coaching for leaders ready to elevate how they lead.</p>
For	For	For	For
<p>Leaders who need confidential, senior-level space to work through a specific issue, decision, or career moment.</p>	<p>Leaders navigating transition, stretch, or increased visibility who want to build confidence and momentum quickly.</p>	<p>Senior leaders seeking protected, confidential space to think clearly, reflect deeply, and lead at their best.</p>	<p>Senior leaders who want to deepen their impact, reshape leadership patterns, and create sustained positive change for themselves and those they lead.</p>
What you'll gain	What you'll gain	What you'll gain	What you'll gain
<p>A highly focused coaching conversation that brings clarity, challenges assumptions, and helps you leave with clear, practical next steps. This session can also be used to prepare for selection processes, applications, or interviews, where sharpening your narrative and confidence matters.</p>	<p>A short, supportive coaching sprint designed to strengthen leadership presence, address specific challenges, and build confidence at pace. The programme follows a simple triage approach — self-discovery, diagnosis, and treatment — helping you focus on what matters most and act with greater assurance.</p>	<p>A structured, high-trust coaching partnership focused on strengthening judgement, self-awareness, and leadership effectiveness. Through purposeful one-to-one conversations, you will clarify priorities, explore what may be holding you back, and develop practical strategies to navigate complexity with confidence.</p>	<p>A longer-term, transformational coaching programme that explores your leadership style in depth and supports lasting change. Beginning with an Emotional Intelligence psychometric assessment, the programme enables deep insight into how you lead, how you respond under pressure, and how your impact can be strengthened. Ongoing coaching, accountability, and support help embed change, benefiting both you and your team.</p>
Format	Format	Format	Format
<p>One 90-minute one-to-one coaching session. Additional sessions can be arranged where needed.</p>	<p>Three 60-minute coaching sessions over one month, with resources and access for check-ins between sessions.</p>	<p>Six 90-minute one-to-one coaching sessions typically delivered monthly. Sessions are usually via Zoom, with flexibility around pacing, format, and in-person options where feasible.</p>	<p>Six extended coaching sessions over six to nine months, with check-ins and accountability support between sessions. The programme concludes by recognising progress and achievement.</p>
Investment	Investment	Investment	Investment
<p>from £300</p>	<p>from £950</p>	<p>from £2,250</p>	<p>from £3,600</p>